



Self-Referral Form

Thank you for your interest in Green Health Reading. This application requests information that will help us make your involvement in the project enjoyable, beneficial and safe.

**Green health Reading is health and well-being project.
We provide recreational learning in horticulture, teaching skills within a 'green' supported environment.**

Sessions take place at The Well Centre, Dawlish Road, Whitley RG2 7SD

Please email the completed form to: admin@greenhealthreading.org or post to Green Health Reading, The Well Centre, Dawlish Road, Whitley RG2 7SD. Email is preferred.

1. Contact details

Name:	
Address:	
Email Address:	
Telephone:	Mobile:

2. Can you tell us a bit about yourself – as much about your personal circumstances as you are comfortable telling us.

3. Nature of mental health challenges. It would be very helpful to know your main diagnosis, any admissions to hospital for mental health, or self harm.

4. Nature and treatment of any significant physical health challenges. Please indicate any details of any allergies, joint problems, major back issues, mobility problems, epilepsy, dyspraxia, asthma, diabetes etc.

5. Have you had a tetanus booster vaccination since school days? Y/N

Date of last vaccination:

6. Do you have any learning or development difficulties/disabilities? Y/N

If Yes please give details below.

7. Do you have any criminal convictions? If yes please provide details

8. Do you have any current substance misuse issues? If yes please provide details

9. How do you hope you will benefit from gardening with Green Health Reading?

10. Preferred day and session of attendance. Please tick any that would be OK, but give two ticks to your top preference.

	Morning 10-12	Afternoon 2-4
<i>Monday</i>	<i>No service at present</i>	<i>No service at present</i>
Tuesday		
<i>Wednesday</i>	<i>No service at present</i>	<i>No service at present</i>
Thursday		
<i>Friday</i>	<i>No service at present</i>	<i>No service at present</i>

Data Protection

Information given on this form is personal data and is therefore subject to the UK Data Protection Act 1998. It is confidential and is for Green Health Reading use only – it will not be shared or sold.

Your data will be held for the purposes to fulfil the conditions met under the grant funding.

Please sign your name here to indicate consent (compulsory)

Signed _____

Date _____



As part of the project we would like to take photographs and video for promotional material. We will also be asking participants to take part in a case study which can be done anonymously. All of these are optional.

We are required by our funders to complete project evaluations. All participants will be required to complete a brief questionnaire at the start of the project and again at the end of the project.

Please delete as appropriate to indicate your consent below:

I consent to be photographed. Y/N

I consent to being filmed. Y/N

I am happy to take part in case studies. Y/N

I am happy to complete the necessary evaluation questionnaires as detailed above.

I confirm that all details provided here are true and correct.

Signed _____

Date _____

If you have any questions on what happens on site, please email sarak@greenhealthreading.org